

## Coronavirus symptoms



1

Fever



2

Cough



3

Shortness of breath



4

Chills



5

Sore throat



6

Muscle pain



7

Loss of taste or smell

# Coronavirus (COVID-19)

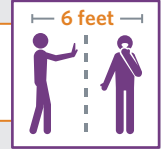
Novant Health UVA Health System is prepared to care for patients who show symptoms of coronavirus and to keep team members and volunteers safe. Use this resource to learn more about the virus and ways to lower your risk of exposure.

## Protect you and your family

Wash your hands for more than 20 seconds.



Keep space between yourself and others.



Touch your face less.



Stay home as much as possible.



Additional tips to lower your risk of germs while running errands or out in public



- Carry your own pen to use in public.
- Use hand sanitizer for electronic keypads and other communal items.
- Skip the handshake — a nod will do.
- Clean your cell phones.

## What to do if you feel sick



### Take our online assessment tool

Experiencing symptoms? Use our coronavirus self-assessment tool at [NovantHealthUVA.org/coronavirus](https://NovantHealthUVA.org/coronavirus).



Questions? Visit

[NovantHealthUVA.org/coronavirus](https://NovantHealthUVA.org/coronavirus)



### Call your doctor

Call your doctor before leaving home if you think you've been exposed to the coronavirus or have symptoms.



### Don't have a doctor?

If you don't have a primary care doctor, visit [NovantHealthUVA.org/virtual](https://NovantHealthUVA.org/virtual).



### Stay home

Need care that's not an emergency? Visit [NovantHealthUVA.org/virtual](https://NovantHealthUVA.org/virtual).